

GVSD Child Nutrition Services

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

Generated on: 4/28/2017 3:12:41 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/01/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #1	*	0	0.0
LETTUCE, ROMAINE,RAW	1 cup	25	1.55
TOMATOES,FRESH CHOPPED	1/8 CUP	25	0.88
Corn, Festive	1/8 cup	25	3.27
Chicken Fajita Meat Tyson 3522	3 oz	25	2.0
Buttermilk Ranch Dressing OF	1.75 FL OZ	25	12.65
Roll Artisan 1oz WG GS	1 ea	25	15.0
FRUIT FRSH ASSRT #1	1 EACH	25	19.67
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			74.02
% of Calories			52.9%
Nutrient Guideline			

Tue - 05/02/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	1	0.0
Tortilla 10in886802 LaTap	1 each	25	26.0
ChicTendSpicy 3ea Ty70344	1 each	25	17.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Buttermilk Ranch Dressing OF	3/4 FL OZ	25	5.42
CELERY,RAW	1/2 cup	25	2.21
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	15	16.0
Milk, FF Chocolate 8oz Produce	1 ea	10	21.0
Weighted Daily Average			77.09
% of Calories			46.9%
Nutrient Guideline			

Wed - 05/03/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Yogurt 4oz Upstate	1 ea	25	19.0
Sunflower Seeds,Lightlt Salted	Indiv pac	25	4.0
PEAS,EDIBLE-PODDED,RAW	1/2 cup	25	2.38
CARROTS,RAW	1/4 cup	25	4.21
Craisins 1.16 oz pkg Asst Flav	pkg	25	28.0
Graham Crackers Straw Waffle	2 ea	25	19.0
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			95.59
% of Calories			60.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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May 1, 2017 thru Jun 9, 2017

Base Menu Spreadsheet

K-8 LUNCH CHOICE PRE-PACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/04/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Roll, Hoagie 5" WG GS	1 each	25	28.0
TurkHmSmkd Usda100126	2.5 oz	25	0.0
Cheese Amer Proc 50% Reduced	.50 oz	25	1.0
MUSTARD	1 each	25	0.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Pickles Dill, 2 slices 14g	slices	25	0.25
Garbanzo Beans Ranch Roasted	1/2 cup	25	29.36
Bear Grahams	1 ea	25	18.0
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			104.07
% of Calories			61.0%
Nutrient Guideline			

Fri - 05/05/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
SunButter Creamy	2.2 oz	25	13.64
Jelly Mixed Fruit 10 grams Boc	1 EACH	25	6.0
Brd Goldfish Thin WG PF	1 ea	25	21.0
CELERY,RAW	1/4 cup	25	1.1
CARROTS STICKS	1/2 cup	25	8.42
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			76.85
% of Calories			43.1%
Nutrient Guideline			

Mon - 05/08/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #1	*	0	0.0
LETTUCE, ROMAINE,RAW	1 cup	25	1.55
TOMATOES,FRESH CHOPPED	1/8 CUP	25	0.88
Corn, Festive	1/8 cup	25	3.27
Chicken Fajita Meat Tyson 3522	3 oz	25	2.0
Buttermilk Ranch Dressing OF	1.75 FL OZ	25	12.65
Roll Artisan 1oz WG GS	1 ea	25	15.0
FRUIT FRSH ASSRT #1	1 EACH	25	19.67
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			74.02
% of Calories			52.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

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May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/09/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	1	0.0
Tortilla 10in886802 LaTap	1 each	25	26.0
ChicTendSpicy 3ea Ty70344	1 each	25	17.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Buttermilk Ranch Dressing OF	3/4 FL OZ	25	5.42
CELERY,RAW	1/2 cup	25	2.21
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	15	16.0
Milk, FF Chocolate 8oz Produce	1 ea	10	21.0
Weighted Daily Average			77.09
% of Calories			46.9%
Nutrient Guideline			

Wed - 05/10/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Yogurt 4oz Upstate	1 ea	25	19.0
Sunflower Seeds,Lightlt Salted	Indiv pac	25	4.0
PEAS,EDIBLE-PODDED,RAW	1/2 cup	25	2.38
CARROTS,RAW	1/4 cup	25	4.21
Craisins 1.16 oz pkg Asst Flav	pkg	25	28.0
Graham Crackers Straw Waffle	2 ea	25	19.0
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			95.59
% of Calories			60.7%
Nutrient Guideline			

Thu - 05/11/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Roll, Hoagie 5" WG GS	1 each	25	28.0
TurkHmSmkd Usda100126	2.5 oz	25	0.0
Cheese Amer Proc 50% Reduced	.50 oz	25	1.0
MUSTARD	1 each	25	0.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Pickles Dill, 2 slices 14g	slices	25	0.25
Garbanzo Beans Ranch Roasted	1/2 cup	25	29.36
Bear Grahams	1 ea	25	18.0
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			104.07
% of Calories			61.0%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

K-8 LUNCH CHOICE PRE-PACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 05/12/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
SunButter Creamy	2.2 oz	25	13.64
Jelly Mixed Fruit 10 grams Boc	1 EACH	25	6.0
Brd Goldfish Thin WG PF	1 ea	25	21.0
CELERY,RAW	1/4 cup	25	1.1
CARROTS STICKS	1/2 cup	25	8.42
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			76.85
% of Calories			43.1%
Nutrient Guideline			

Mon - 05/15/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #1	*	0	0.0
LETTUCE, ROMAINE,RAW	1 cup	25	1.55
TOMATOES,FRESH CHOPPED	1/8 CUP	25	0.88
Corn, Festive	1/8 cup	25	3.27
Chicken Fajita Meat Tyson 3522	3 oz	25	2.0
Buttermilk Ranch Dressing OF	1.75 FL OZ	25	12.65
Roll Artisan 1oz WG GS	1 ea	25	15.0
FRUIT FRSH ASSRT #1	1 EACH	25	19.67
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			74.02
% of Calories			52.9%
Nutrient Guideline			

Tue - 05/16/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	1	0.0
Tortilla 10in886802 LaTap	1 each	25	26.0
ChicTendSpicy 3ea Ty70344	1 each	25	17.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Buttermilk Ranch Dressing OF	3/4 FL OZ	25	5.42
CELERY,RAW	1/2 cup	25	2.21
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	15	16.0
Milk, FF Chocolate 8oz Produce	1 ea	10	21.0
Weighted Daily Average			77.09
% of Calories			46.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Wed - 05/17/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Yogurt 4oz Upstate	1 ea	25	19.0
Sunflower Seeds,Lightlt Salted	Indiv pac	25	4.0
PEAS,EDIBLE-PODDED,RAW	1/2 cup	25	2.38
CARROTS,RAW	1/4 cup	25	4.21
Craisins 1.16 oz pkg Asst Flav	pkg	25	28.0
Graham Crackers Straw Waffle	2 ea	25	19.0
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			95.59
% of Calories			60.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/18/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Roll, Hoagie 5" WG GS	1 each	25	28.0
TurkHmSmkd Usda100126	2.5 oz	25	0.0
Cheese Amer Proc 50% Reduced	.50 oz	25	1.0
MUSTARD	1 each	25	0.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Pickles Dill, 2 slices 14g	slices	25	0.25
Garbanzo Beans Ranch Roasted	1/2 cup	25	29.36
Bear Grahams	1 ea	25	18.0
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			104.07
% of Calories			61.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/19/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
SunButter Creamy	2.2 oz	25	13.64
Jelly Mixed Fruit 10 grams Boc	1 EACH	25	6.0
Brd Goldfish Thin WG PF	1 ea	25	21.0
CELERY,RAW	1/4 cup	25	1.1
CARROTS STICKS	1/2 cup	25	8.42
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			76.85
% of Calories			43.1%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

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May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Mon - 05/22/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #1	*	0	0.0
LETTUCE, ROMAINE,RAW	1 cup	25	1.55
TOMATOES,FRESH CHOPPED	1/8 CUP	25	0.88
Corn, Festive	1/8 cup	25	3.27
Chicken Fajita Meat Tyson 3522	3 oz	25	2.0
Buttermilk Ranch Dressing OF	1.75 FL OZ	25	12.65
Roll Artisan 1oz WG GS	1 ea	25	15.0
FRUIT FRSH ASSRT #1	1 EACH	25	19.67
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			74.02
% of Calories			52.9%
Nutrient Guideline			

Tue - 05/23/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	1	0.0
Tortilla 10in886802 LaTap	1 each	25	26.0
ChicTendSpicy 3ea Ty70344	1 each	25	17.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Buttermilk Ranch Dressing OF	3/4 FL OZ	25	5.42
CELERY,RAW	1/2 cup	25	2.21
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	15	16.0
Milk, FF Chocolate 8oz Produce	1 ea	10	21.0
Weighted Daily Average			77.09
% of Calories			46.9%
Nutrient Guideline			

Wed - 05/24/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Yogurt 4oz Upstate	1 ea	25	19.0
Sunflower Seeds,Lightlt Salted	Indiv pac	25	4.0
PEAS,EDIBLE-PODDED,RAW	1/2 cup	25	2.38
CARROTS,RAW	1/4 cup	25	4.21
Craisins 1.16 oz pkg Asst Flav	pkg	25	28.0
Graham Crackers Straw Waffle	2 ea	25	19.0
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			95.59
% of Calories			60.7%
Nutrient Guideline			

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K-8 LUNCH CHOICE PRE-PACK

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 05/25/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Roll, Hoagie 5" WG GS	1 each	25	28.0
TurkHmSmkd Usda100126	2.5 oz	25	0.0
Cheese Amer Proc 50% Reduced	.50 oz	25	1.0
MUSTARD	1 each	25	0.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Pickles Dill, 2 slices 14g	slices	25	0.25
Garbanzo Beans Ranch Roasted	1/2 cup	25	29.36
Bear Grahams	1 ea	25	18.0
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			104.07
% of Calories			61.0%
Nutrient Guideline			

Fri - 05/26/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
SunButter Creamy	2.2 oz	25	13.64
Jelly Mixed Fruit 10 grams Boc	1 EACH	25	6.0
Brd Goldfish Thin WG PF	1 ea	25	21.0
CELERY,RAW	1/4 cup	25	1.1
CARROTS STICKS	1/2 cup	25	8.42
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			76.85
% of Calories			43.1%
Nutrient Guideline			

Mon - 05/29/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #1	*	0	0.0
LETTUCE, ROMAINE,RAW	1 cup	25	1.55
TOMATOES,FRESH CHOPPED	1/8 CUP	25	0.88
Corn, Festive	1/8 cup	25	3.27
Chicken Fajita Meat Tyson 3522	3 oz	25	2.0
Buttermilk Ranch Dressing OF	1.75 FL OZ	25	12.65
Roll Artisan 1oz WG GS	1 ea	25	15.0
FRUIT FRSH ASSRT #1	1 EACH	25	19.67
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
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K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Tue - 05/30/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	1	0.0
Tortilla 10in886802 LaTap	1 each	25	26.0
ChicTendSpicy 3ea Ty70344	1 each	25	17.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Buttermilk Ranch Dressing OF	3/4 FL OZ	25	5.42
CELERY,RAW	1/2 cup	25	2.21
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	15	16.0
Milk, FF Chocolate 8oz Produce	1 ea	10	21.0
Weighted Daily Average			77.09
% of Calories			46.9%
Nutrient Guideline			

Wed - 05/31/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Yogurt 4oz Upstate	1 ea	25	19.0
Sunflower Seeds,Lightlt Salted	Indiv pac	25	4.0
PEAS,EDIBLE-PODDED,RAW	1/2 cup	25	2.38
CARROTS,RAW	1/4 cup	25	4.21
Craisins 1.16 oz pkg Asst Flav	pkg	25	28.0
Graham Crackers Straw Waffle	2 ea	25	19.0
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			95.59
% of Calories			60.7%
Nutrient Guideline			

Thu - 06/01/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Roll, Hoagie 5" WG GS	1 each	25	28.0
TurkHmSmkd Usda100126	2.5 oz	25	0.0
Cheese Amer Proc 50% Reduced	.50 oz	25	1.0
MUSTARD	1 each	25	0.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Pickles Dill, 2 slices 14g	slices	25	0.25
Garbanzo Beans Ranch Roasted	1/2 cup	25	29.36
Bear Grahams	1 ea	25	18.0
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			104.07
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GVSD Child Nutrition Services

Base Menu Spreadsheet

Portion Values - Detailed

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May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Fri - 06/02/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
SunButter Creamy	2.2 oz	25	13.64
Jelly Mixed Fruit 10 grams Boc	1 EACH	25	6.0
Brd Goldfish Thin WG PF	1 ea	25	21.0
CELERY,RAW	1/4 cup	25	1.1
CARROTS STICKS	1/2 cup	25	8.42
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			76.85
% of Calories			43.1%
Nutrient Guideline			

Mon - 06/05/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #1	*	0	0.0
LETTUCE, ROMAINE,RAW	1 cup	25	1.55
TOMATOES,FRESH CHOPPED	1/8 CUP	25	0.88
Corn, Festive	1/8 cup	25	3.27
Chicken Fajita Meat Tyson 3522	3 oz	25	2.0
Buttermilk Ranch Dressing OF	1.75 FL OZ	25	12.65
Roll Artisan 1oz WG GS	1 ea	25	15.0
FRUIT FRSH ASSRT #1	1 EACH	25	19.67
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			74.02
% of Calories			52.9%
Nutrient Guideline			

Tue - 06/06/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	1	0.0
Tortilla 10in886802 LaTap	1 each	25	26.0
ChicTendSpicy 3ea Ty70344	1 each	25	17.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Buttermilk Ranch Dressing OF	3/4 FL OZ	25	5.42
CELERY,RAW	1/2 cup	25	2.21
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	1	0.0
Milk, 1% Plain 8oz Producers	1 ea	15	16.0
Milk, FF Chocolate 8oz Produce	1 ea	10	21.0
Weighted Daily Average			77.09
% of Calories			46.9%
Nutrient Guideline			

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GVSD Child Nutrition Services

Base Menu Spreadsheet

Portion Values - Detailed

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May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Wed - 06/07/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Yogurt 4oz Upstate	1 ea	25	19.0
Sunflower Seeds,Lightlt Salted	Indiv pac	25	4.0
PEAS,EDIBLE-PODDED,RAW	1/2 cup	25	2.38
CARROTS,RAW	1/4 cup	25	4.21
Craisins 1.16 oz pkg Asst Flav	pkg	25	28.0
Graham Crackers Straw Waffle	2 ea	25	19.0
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			95.59
% of Calories			60.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 06/08/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
Roll, Hoagie 5" WG GS	1 each	25	28.0
TurkHmSmkd Usda100126	2.5 oz	25	0.0
Cheese Amer Proc 50% Reduced	.50 oz	25	1.0
MUSTARD	1 each	25	0.0
LETTUCE, ROMAINE,RAW	1/2 cup	25	0.77
Pickles Dill, 2 slices 14g	slices	25	0.25
Garbanzo Beans Ranch Roasted	1/2 cup	25	29.36
Bear Grahams	1 ea	25	18.0
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			104.07
% of Calories			61.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 06/09/2017			
K-8 LUNCH CHOICE PRE-P	Total	25	
ENTREE #2	*	0	0.0
SunButter Creamy	2.2 oz	25	13.64
Jelly Mixed Fruit 10 grams Boc	1 EACH	25	6.0
Brd Goldfish Thin WG PF	1 ea	25	21.0
CELERY,RAW	1/4 cup	25	1.1
CARROTS STICKS	1/2 cup	25	8.42
APPLES SLICES RAW W/ SKIN	1/2 cup	25	7.69
ALL MEALS	*	0	0.0
Milk, 1% Plain 8oz Producers	1 ea	10	16.0
Milk, FF Chocolate 8oz Produce	1 ea	15	21.0
Weighted Daily Average			76.85
% of Calories			43.1%
Nutrient Guideline			

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May 1, 2017 thru Jun 9, 2017

K-8 LUNCH CHOICE PRE-PACK

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	Portion Size	Reimb Qty	Carb (g)
Weighted Average			85.52 52.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	85.52	52.73%						

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