

GVSD Child Nutrition Services

Oct 1, 2017 thru Oct 31, 2017

Base Menu Spreadsheet

PRESCHOOL LUNCH, TFB

Portion Values - Detailed

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	Portion Size	Carb (g)
Mon - 10/02/2017		
PRESCHOOL LUNCH, TFB	Total	
Burrito B/C LS 5.75oz IW AZ	1 each	45.0
Taco Sauce Americana PPI	1 ea	1.0
TOMATOES, CHERRY	1/8 CUP	0.72
CUCUMBER,RAW	1/8 cup	0.32
PLUMS,FRESH	1 EACH	7.54
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		70.58
% of Calories		51.3%
Nutrient Guideline		

Tue - 10/03/2017		
PRESCHOOL LUNCH, TFB	Total	
Waffle WG Bel Chef	2 each	27.0
Chick WG Crsp Chnk 5 ea 70364	4/5 ea	12.8
Potato Rounds Oven Ht USDA	1/4 cup	9.0
KETCHUP	2 each	4.0
APPLESAUCE Unswt,W/CINNAMON	1/4 CUP	7.01
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		75.81
% of Calories		51.3%
Nutrient Guideline		

Wed - 10/04/2017		
PRESCHOOL LUNCH, TFB	Total	
Spaghetti WG w/Sc 7.44 oz 5590	1 ea	23.0
Roll Artisan 1oz WG GS	1 ea	15.0
SQUASH,SMMR,ZUCCHINI,RAW	1/4 cup	0.88
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
PEACHES: canned,light syrup	1/4 CUP	9.13
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		65.82
% of Calories		45.8%
Nutrient Guideline		

Thu - 10/05/2017		
PRESCHOOL LUNCH, TFB	Total	
Chix Mand Ornge 3.92oz Lings	1 ea	21.0
RICE,BROWN,MEDIUM-GRAIN,CKD	1/2 cup	19.43
CARROTS, CK FROM FRZN	1/8 cup	1.43
Broccoli Frz Chpd Unprep	1/8 cup	0.93
ORANGES	1/2 EACH	5.64
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		64.44
% of Calories		61.5%
Nutrient Guideline		

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Fri - 10/06/2017		
PRESCHOOL LUNCH, TFB	Total	
Chick Pty WG Ty 70304	1 ea	16.0
Bun Hamb 3.5 WG GS	1 each	22.0
BBQ Beans Veg USDA/SYSCO BBQ	1/4 cup	12.54
Pickles Dill, 2 slices	slices	0.17
BBQ SAUCE	1 each	4.0
APPLES SLICES RAW W/ SKIN	1/4 cup	3.84
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		74.55
% of Calories		49.2%
Nutrient Guideline		

Mon - 10/09/2017		
PRESCHOOL LUNCH, TFB	Total	
Chili Mild Veg Truitt 1043	1/2 cup	20.0
Cheese Ched/Mozz Grated	3/4 oz	0.44
CORN: frozen, yellow	1/4 CUP	7.96
APPLES SLICES RAW W/ SKIN	1/4 cup	3.84
CORNBREAD	SERVINGS	18.03
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		66.27
% of Calories		56.7%
Nutrient Guideline		

Tue - 10/10/2017		
PRESCHOOL LUNCH, TFB	Total	
Fish, Rainbow Treasures 4ea WG	1 ea	18.0
Potatoes, Mashed Excel	1/4 cup	7.3
CARROTS: canned, cooked	1/4 CUP	2.02
ORANGES	1/2 EACH	5.64
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		48.96
% of Calories		45.7%
Nutrient Guideline		

Wed - 10/11/2017		
PRESCHOOL LUNCH, TFB	Total	
Beef Mesq Patty	1 EA	1.1
Bun Hamb 4in WG GS	1 each	29.0
Pickles Dill, 2 slices	slices	0.17
BBQ Beans Veg USDA/SYSCO BBQ	1/4 cup	12.54
MUSTARD	1 each	0.0
KETCHUP	1 each	2.0
PEACHES: canned, light syrup	1/4 CUP	9.13
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		69.94
% of Calories		56.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 10/12/2017		
PRESCHOOL LUNCH, TFB	Total	
Spaghetti WG w Bf Sc IW #CP550	serving	23.0
Roll Artisan 1oz WG GS	1 ea	15.0
LETTUCE, ROMAINE,RAW	1/2 cup	0.77
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
FRUIT FRSH ASSRT #1	1 EACH	19.67
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		76.25
% of Calories		47.9%
Nutrient Guideline		

Fri - 10/13/2017		
PRESCHOOL LUNCH, TFB	Total	
Chick WG Crsp Chnk 5 ea 70364	1 ea	16.0
Confetti Fries	1/4 cup	10.68
KETCHUP	1 each	2.0
Roll Aloha 1oz	1 ea	15.0
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	9.03
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		68.72
% of Calories		46.9%
Nutrient Guideline		

Mon - 10/16/2017		
PRESCHOOL LUNCH, TFB	Total	
HOLIDAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Tue - 10/17/2017		
PRESCHOOL LUNCH, TFB	Total	
HOLIDAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Wed - 10/18/2017		
PRESCHOOL LUNCH, TFB	Total	
HOLIDAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 10/19/2017		
PRESCHOOL LUNCH, TFB HOLIDAY	Total SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Fri - 10/20/2017		
PRESCHOOL LUNCH, TFB HOLIDAY	Total SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Mon - 10/23/2017		
PRESCHOOL LUNCH, TFB QUESADILLA MOZZ SCHWANS #78372	Total serving (2)	32.0
REFRIED BEANS: canned	1/4 CUP	8.06
Taco Sauce Americana PPI	1 ea	1.0
APPLES SLICES RAW W/ SKIN	1/4 cup	3.84
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		60.91
% of Calories		46.4%
Nutrient Guideline		

Tue - 10/24/2017		
PRESCHOOL LUNCH, TFB Eggsstravaganza Bacon Chese Su	Total 2.5 oz	1.25
French Toast Sticks WG /Jemima	2 ea	21.5
POTATOES WEDGES USDA 100355	1/4 cup	9.69
KETCHUP	1 each	2.0
Cherries, Glazed	1/4 cup	6.15
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		56.59
% of Calories		44.2%
Nutrient Guideline		

Wed - 10/25/2017		
PRESCHOOL LUNCH, TFB Beef Mesq Patty	Total 1 EA	1.1
Bun Hamb 4in WG GS	1 each	29.0
Pickles Dill, 2 slices	slices	0.17
BBQ Beans Veg USDA/SYSCO BBQ	1/4 cup	12.54
MUSTARD	1 each	0.0
KETCHUP	1 each	2.0
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	9.03
Milk, 1% Plain 8oz Producers	1 ea	16.0

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	Portion Size	Carb (g)
Weighted Daily Average		69.84
% of Calories		55.9%
Nutrient Guideline		

Thu - 10/26/2017		
PRESCHOOL LUNCH, TFB	Total	
Spaghetti WG w Bf Sc IW #CP550	serving	23.0
Roll Artisan 1oz WG GS	1 ea	15.0
LETTUCE, ROMAINE, RAW	1/2 cup	0.77
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
FRUIT FRSH ASSRT #1	1 EACH	19.67
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		76.25
% of Calories		47.9%
Nutrient Guideline		

Fri - 10/27/2017		
PRESCHOOL LUNCH, TFB	Total	
Fish, Rainbow Treasures 4ea WG	1 ea	18.0
Potatoes, Mashed Excel	1/4 cup	7.3
CARROTS: canned, cooked	1/4 CUP	2.02
ORANGES	1/2 EACH	5.64
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		48.96
% of Calories		45.7%
Nutrient Guideline		

Mon - 10/30/2017		
PRESCHOOL LUNCH, TFB	Total	
BreadstickChse Ardellas#90134	1 each	14.92
Buttermilk Ranch Dressing OF	1 FL OZ	7.23
CUCUMBER, RAW	1/8 cup	0.32
PEPPERS, RED/GRN CHPD FRSH	1/8 cup	0.99
FRUIT FRSH ASSRT #1	1 EACH	19.67
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		59.14
% of Calories		56.0%
Nutrient Guideline		

Tue - 10/31/2017		
PRESCHOOL LUNCH, TFB	Total	
Tuna Salad	1/2 CUP	4.05
Brd Goldfish Thin WG PF	1 ea	21.0
POTATO SALAD	1/2 CUP	13.42
FRUIT FRSH ASSRT #1	1 EACH	19.67
Milk, 1% Plain 8oz Producers	1 ea	16.0

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	Portion Size	Carb (g)
Weighted Daily Average % of Calories		74.14 47.8%
Nutrient Guideline		

Weighted Average		66.30 50.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	66.30	50.07%						

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