

GVSD Child Nutrition Services

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

PRESCHOOL LUNCH, TFB

Portion Values - Detailed

Page 1

Generated on: 12/4/2017 6:43:52 AM

	Portion Size	Carb (g)
Fri - 12/01/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Egg Roll WG Chick/Veg Min69202	1 ea	30.0
Rice Brn w/ peas, carrots	1/2 cup	13.44
EGG, DICED SUNNYFRESH	.5 oz	0.28
Orange Sauce LoSo Nippon	2 TBSP	14.0
MANDARIN ORANGE,RAW	1 ea	11.74
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		85.46
% of Calories		58.6%
Nutrient Guideline		

Mon - 12/04/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Burrito B/C LS 5.75oz IW AZ	1 each	45.0
Taco Sauce Americana PPI	1 ea	1.0
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
TOMATOES,FRESH CHOPPED	1/8 CUP	0.88
LETTUCE, ROMAINE,RAW	1/4 cup	0.39
Pears, Rosy	1/4 cup	8.66
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		73.73
% of Calories		51.6%
Nutrient Guideline		

Tue - 12/05/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
PANCAKES	2 EACH	32.51
Sausage Link Prk Pierre #3755	1 ea	0.4
SYRUP,PANCAKE	1 fl oz	24.13
POTATOES WEDGES USDA 100355	1/4 cup	9.69
ORANGES	1/2 EACH	5.64
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		88.37
% of Calories		56.1%
Nutrient Guideline		

Wed - 12/06/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Pocket Pizza Pep Trky 5oz Tast	1 ea	40.0
Two-Bean Salad (kidn/garb)	1/4 cup	11.85
APPLES SLICES RAW W/ SKIN	1/4 cup	3.84
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		71.70
% of Calories		54.6%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

GVSD Child Nutrition Services

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

PRESCHOOL LUNCH, TFB

Portion Values - Detailed

Page 2

Generated on: 12/4/2017 6:43:52 AM

	Portion Size	Carb (g)
Thu - 12/07/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
TurkHmSmkd Usda100126	3.26 oz	0.0
Cheese Ched/Mozz Grated	.25 oz	0.21
Potatoes, Mashed Excel	1/4 cup	7.3
CARROTS, CK FROM FRZN	1/4 cup	2.86
Roll Artisan 1oz WG GS	1 ea	15.0
MANDARIN ORANGE,RAW	1 ea	11.74
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		53.11
% of Calories		51.5%
Nutrient Guideline		

Fri - 12/08/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Chick Tend 3 ea WG 70334	serving	16.0
Parmesan Quinoa	1/4 cup	8.95
CARROTS: canned, cooked	1/4 CUP	2.02
KETCHUP	1 each	2.0
APRICOTS: canned,light syrup	1/4 CUP	10.43
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		55.41
% of Calories		42.6%
Nutrient Guideline		

Mon - 12/11/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Mac & Chse 6 oz WG JTM #5768	1 ea	25.0
Broccoli Frz Chpd Unprep	1/4 cup	1.86
STRAWBERRIES SWEETENED: frozen	1/4 CUP	16.52
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		59.39
% of Calories		48.2%
Nutrient Guideline		

Tue - 12/12/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Chick Pty WG Ty 70304	1 ea	16.0
BBQ Beans Veg USDA/SYSCO BBQ	1/4 cup	12.54
Bun Hamb 3.5 WG GS	1 each	22.0
LETTUCE, ROMAINE,RAW	1/4 cup	0.39
Pickles Dill, 2 slices	slices	0.17
BBQ SAUCE	1 each	4.0
Orange Juice 4oz carton USDA	1 ea	13.0
Milk, 1% Plain 8oz Producers	1 ea	16.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

GVSD Child Nutrition Services

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

PRESCHOOL LUNCH, TFB

Portion Values - Detailed

Page 3

Generated on: 12/4/2017 6:43:52 AM

	Portion Size	Carb (g)
Weighted Daily Average		84.10
% of Calories		52.0%
Nutrient Guideline		

Wed - 12/13/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
LASAGNA WITH GROUND BEEF	SERVINGS	28.34
LETTUCE, ROMAINE, RAW	1/2 cup	0.77
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
Roll Artisan 1oz WG GS	1 ea	15.0
APPLES SLICES RAW W/ SKIN	1/4 cup	3.84
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		65.77
% of Calories		50.9%
Nutrient Guideline		

Thu - 12/14/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Fish, Rainbow Treasures 4ea WG	1 ea	18.0
Potatoes, Mashed Excel	1/4 cup	7.3
KETCHUP	1 each	2.0
CARROTS: canned, cooked	1/8 CUP	1.01
BANANAS	1 EACH	23.07
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		67.38
% of Calories		53.8%
Nutrient Guideline		

Fri - 12/15/2017		
PRESCHOOL LUNCH, TFB	Total	
Turkey & Gravy Jennie-O	4 oz	2.11
Potatoes, Mashed Excel	1/2 cup	14.6
PEAS: frozen,boiled	1/4 CUP	5.7
Roll W/W 1oz IW Dobake	1 ea	15.0
MANDARIN ORANGE, RAW	1 ea	11.74
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		65.16
% of Calories		54.9%
Nutrient Guideline		

Mon - 12/18/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
BreadstickChse Ardellas#90134	2 each	29.84
MARINARA SAUCE	1/4 CUP	6.36
APPLES SLICES RAW W/ SKIN	1/2 cup	7.69
Milk, 1% Plain 8oz Producers	1 ea	16.0

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

GVSD Child Nutrition Services

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

PRESCHOOL LUNCH, TFB

Portion Values - Detailed

Page 4

Generated on: 12/4/2017 6:43:52 AM

	Portion Size	Carb (g)
Weighted Daily Average		59.89
% of Calories		49.5%
Nutrient Guideline		

Tue - 12/19/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
ChicNug Winter4ea 63355	1 each	3.0
POTATO FROZEN,FRENCH-FRIES,OVE	1/4 CUP	10.86
KETCHUP	1 each	2.0
PEACHES: canned,light syrup	1/4 CUP	9.13
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		41.00
% of Calories		40.1%
Nutrient Guideline		

Wed - 12/20/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Spaghetti WG w/Sc 7.44 oz 5590	1 ea	23.0
Roll Artisan 1oz WG GS	1 ea	15.0
CARROTS: canned, cooked	1/4 CUP	2.02
APRICOTS: canned,light syrup	1/4 CUP	10.43
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		66.45
% of Calories		46.9%
Nutrient Guideline		

Thu - 12/21/2017		
PRESCHOOL LUNCH, TFB	Total	
Tuna Salad	1/2 CUP	4.05
Brd Goldfish Thin WG PF	1 ea	21.0
SQUASH,WINTER: baked BS	1/47 CUP	0.51
MANDARIN ORANGE,RAW	1 ea	11.74
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		53.30
% of Calories		41.2%
Nutrient Guideline		

Fri - 12/22/2017		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
PIZZA PACK CHEESE ARDELLAS	PKG	32.58
APPLES,Fresh	1 EACH	19.06
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		67.64
% of Calories		51.4%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

GVSD Child Nutrition Services

Dec 1, 2017 thru Dec 22, 2017

Base Menu Spreadsheet

PRESCHOOL LUNCH, TFB

Portion Values - Detailed

Page 5

Generated on: 12/4/2017 6:43:52 AM

	Portion Size	Carb (g)
Weighted Average		66.11 50.5%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	66.11	50.51%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 † - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.