

GVSD AFTER - SCHOOL SUPPER



WINTER ~ SPRING 2019
(2 week cycle menu effective 01/14/19)



AVAILABLE DAILY AFTER SCHOOL WHEN SCHOOL IS IN SESSION

WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PEANUT BUTTER* JELLY SANDWICH FRUIT and/or VEGETABLE MILK	<u>ALL AMERICAN</u> <i>(one of the following will be served)</i> HAMBURGER or HOT DOG BBQ SANDWICH <i>served with...</i> FRUIT and/or VEGETABLE MILK	<u>DELI DAY</u> <i>(one of the following will be served)</i> SANDWICH WRAPS MEAT & CHEESE PLATE FRUIT and/or VEGETABLE MILK	<u>ITALIAN CUISINE</u> <i>(one of the following will be served)</i> ASSORTED PASTA DISHES PIZZA <i>served with...</i> FRUIT and/or VEGETABLE MILK	YOGURT MOZZARELLA STICK HONEY WHEAT CRACKERS FRUIT and/or VEGETABLE MILK

* Non peanut butter alternative available

Food for Thought

Afterschool programs that serve meals and snacks draw students into constructive activities that are safe, fun and filled with opportunities for learning. The food gives them the nutrition they need to learn, play and grow.



WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEESE PIZZA KIT CRISP APPLE SLICES SUNBUTTER DIP MILK	<u>MEXICAN FIESTA</u> <i>(one of the following will be served)</i> BURRITO or TACOS ENCHILADAS or CHALUPA <i>served with...</i> FRUIT and/or VEGETABLE MILK	<u>SALAD DAY</u> <i>(one of the following will be served)</i> PIZZA SALAD CHEF'S SALAD CHICKEN SALAD FRUIT and/or VEGETABLE MILK	<u>ASIAN WOK</u> <i>(one of the following will be served)</i> CHICKEN RICE BOWL EGG ROLLS or CHOW MEIN <i>served with...</i> FRUIT and/or VEGETABLE MILK	SUNFLOWER SEEDS CHEESE SQUARE MULTIGRAIN CHIPS FRUIT and/or VEGETABLE MILK

All meals include Vegetable and/or Fruit and Plain 1% Milk or Non Fat Chocolate. Students are not required to take the milk. Menu subject to change without notice.



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