

# GVSD Child Nutrition Services

Sep 30, 2019 thru Nov 1, 2019

Base Menu Spreadsheet

K-8 LUNCH PREPACK HHFKA

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/30/2019</b>			
K-8 LUNCH PREPACK HHF	Total	100	
Grilled Chse WG RF IW 13400	1 ea	100	32.99
Buttermilk Ranch Dressing OF	1.25 FL OZ	100	9.04
CARROTS,RAW	3/8 cup	100	6.31
BROCCOLI,raw: fresh	3/8 CUP	100	2.27
APPLES,Fresh	1 EACH	100	19.06
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			89.42
% of Calories			59.0%
Nutrient Guideline			

<b>Tue - 10/01/2019</b>			
K-8 LUNCH PREPACK HHF	Total	100	
BF CHSEBURGER DL QCB475,	1 each	100	30.1
LETTUCE, ROMAINE,RAW	1/2 cup	100	0.77
Pickles Dill, 2 slices	slices	100	0.17
KETCHUP	1 each	100	2.0
MUSTARD	1 each	100	0.0
Jicama (Yam Bean) Fresh	1/2 cup	100	6.69
Dried Fruit Mix, USDA	1/4 cup	100	23.0
Cheese Stick, Mozz LoL	1 ea	100	1.0
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			83.48
% of Calories			54.0%
Nutrient Guideline			

<b>Wed - 10/02/2019</b>			
K-8 LUNCH PREPACK HHF	Total	100	
Corn Dog LF WG Chix 4 oz F/Far	1 ea	100	33.0
KETCHUP	1 each	100	2.0
MUSTARD	1 each	100	0.0
Buttermilk Ranch Dressing OF	2 FL OZ	100	14.46
TOMATOES, CHERRY	1/4 CUP	100	1.45
BROCCOLI,raw: fresh	1/2 CUP	100	3.02
PEACHES, CLINGSTONE, CANNED, D	1/2 cup	100	14.0
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			87.68
% of Calories			58.2%
Nutrient Guideline			

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Thu - 10/03/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Tostada Bowl Ret, La Tapatia	1 ea	100	14.0
Bf TacoCrumble2.25ozDLCNQ85104	1 each	100	1.8
Beans Refried no fat USDA	1/2 cup	100	20.0
Cheese Ched/Mozz Grated	1 oz	100	0.83
LETTUCE, ROMAINE,RAW	1/2 cup	100	0.77
OLIVES,RIPE,CANNED(SML-EX LRG)	2 EACH	100	0.4
BANANAS	1 EACH	100	23.07
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			80.62
% of Calories			48.9%
Nutrient Guideline			

Fri - 10/04/2019			
K-8 LUNCH PREPACK HHF	Total	100	
ChicNggT RichChic 5ea 54410	serving	100	12.0
BBQ Beans Veg USDA/SYSCO BBQ	1/2 cup	100	25.08
KETCHUP	2 each	100	4.0
CARROTS,RAW	1/4 cup	100	4.21
Roll Aloha 1oz	1 ea	100	15.0
FRUIT COCKTAIL:canned,lt syrup	1/2 CUP	100	18.07
Gelatin A C Mix 502 series pre	2 oz	100	8.5
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			106.61
% of Calories			65.7%
Nutrient Guideline			

Mon - 10/07/2019			
K-8 LUNCH PREPACK HHF	Total	100	
ChickenPaty RichChic 54412	1 each	100	12.0
BBQ Beans Veg USDA/SYSCO BBQ	1/2 cup	100	25.08
Bun Hamb 3.5 WG GS	1 each	100	22.0
LETTUCE, ROMAINE,RAW	1/2 cup	100	0.77
Pickles Dill, 2 slices	slices	100	0.17
BBQ SAUCE	1 each	100	4.0
RAISINS, USDA	1.33 oz	100	29.75
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			113.52
% of Calories			67.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 10/08/2019			
K-8 LUNCH PREPACK HHF	Total	100	
PizzaPepLngbrdArd 90406	1 each	100	29.34
SunButter Creamy	1 oz	100	6.2
CELERY STICKS	1/2 CUP	100	2.21
CARROTS,RAW	1/4 cup	100	4.21
APPLES SLICES RAW W/ SKIN	1/2 cup	100	7.69
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			69.40
% of Calories			41.3%
Nutrient Guideline			

Wed - 10/09/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Pocket Turkey Taco 5oz BTF	1 EACH	100	40.0
Two-Bean Salad (kidn/garb)	1/2 cup	100	23.7
CUCUMBER,RAW	1/4 cup	100	0.64
Pears, Rosy	1/2 cup	100	17.31
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			101.41
% of Calories			61.5%
Nutrient Guideline			

Thu - 10/10/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Pancakes WG Bulk BC 1475	2 each	100	28.0
Sausage Trky Pattie/Link JO 61	1 ea	100	0.24
Potato Rounds Oven Ht USDA	1/2 cup	100	18.0
KETCHUP	1 each	100	2.0
Jicama (Yam Bean) Fresh	1/4 cup	100	3.34
ORANGES	1 EACH	100	11.28
SYRUP,PANCAKE	1 fl oz	100	24.13
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			106.74
% of Calories			69.2%
Nutrient Guideline			

Fri - 10/11/2019			
K-8 LUNCH PREPACK HHF	Total	100	
CheeseBitesBulk11003WM	4 ea	100	28.0
MARINARA SAUCE	1/4 CUP	100	6.36
Buttermilk Ranch Dressing OF	1.5 FL OZ	100	10.85
BROCCOLI,raw: fresh	1/4 CUP	100	1.51
CARROTS,RAW	1/4 cup	100	4.21
BLUEBERRIES,FRZ,UNSWTND	1/2 cup	100	9.43
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			80.11
% of Calories			51.9%
Nutrient Guideline			

Mon - 10/14/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Burrito B&C WG 5oz BBoy Sys230	1 ea	100	47.0
Taco Sauce Mild Pkt	1 ea	100	1.05
Buttermilk Ranch Dressing PPI	1 each	100	1.0
LETTUCE, ROMAINE,RAW	1 cup	100	1.55
CARROTS, SHRED RAW	1/4 cup	100	2.63
FRUIT FRSH ASSRT #1	1 EACH	100	19.67
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			92.65
% of Calories			61.6%
Nutrient Guideline			

Tue - 10/15/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Macaroni & Chse 6oz WG RF LOL	1 ea	100	34.5
Broccoli Frz Chpd Unprep	3/8 cup	100	2.8
CUCUMBER,RAW	3/8 cup	100	0.96
MANDARIN ORANGE,RAW	1 ea	100	11.74
Cookie Mini C Chip 1.1oz Bisco	pkg	100	22.0
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			91.75
% of Calories			58.7%
Nutrient Guideline			

Wed - 10/16/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Hamburger Classic DL QHB425 IW	1 ea	100	28.8
MUSTARD	1 each	100	0.0
KETCHUP	1 each	100	2.0
LETTUCE, ROMAINE,RAW	1/2 cup	100	0.77
Pickles Dill, 2 slices	slices	100	0.17
CARROTS,RAW	1/2 cup	100	8.42
RAISINS, USDA	1.33 oz	100	29.75
Milk, 1% Plain 8oz Producers	1 ea	100	16.0
Milk, FF Chocolate 8oz Produce	1 ea	100	21.0
Weighted Daily Average			106.91
% of Calories			61.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 10/17/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Chicken Fajita Strips FC USDA	3.4 oz	100	2.0
TERIYAKI SAUCE	3 TBSP	100	13.13
Asian Rice Seas Bernards	7.6 gram	100	5.0
RICE,BROWN,MEDIUM-GRAIN,CKD	1/2 cup	100	19.43
CARROTS, CK FROM FRZN	1/2 cup	100	5.72
PEAS: frozen,boiled	1/4 CUP	100	5.7
BANANAS	1 EACH	100	23.07
Cookie Fortune Amy's	1 ea	100	6.0
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			99.81
% of Calories			67.3%
Nutrient Guideline			

Fri - 10/18/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Chick Tend 3 ea WG 70334	serving	100	16.0
BBQ Beans Veg USDA/SYSCO BBQ	1/2 cup	100	25.08
KETCHUP	1 each	100	2.0
PEAS,EDIBLE-PODDED,RAW	1/4 cup	100	1.19
Roll Aloha 1oz	1 ea	100	15.0
Pears, Rosy	1/2 cup	100	17.31
Milk, 1% Plain 8oz Producers	1 ea	100	16.0
Weighted Daily Average			92.59
% of Calories			54.9%
Nutrient Guideline			

Mon - 10/21/2019			
K-8 LUNCH PREPACK HHF	Total	1	
HOLIDAY	SERVING	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Tue - 10/22/2019			
K-8 LUNCH PREPACK HHF	Total	1	
HOLIDAY	SERVING	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Wed - 10/23/2019			
K-8 LUNCH PREPACK HHF	Total	1	
HOLIDAY	SERVING	1	0.0

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	Portion Size	Reimb Qty	Carb (g)
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Thu - 10/24/2019			
K-8 LUNCH PREPACK HHF	Total	1	
HOLIDAY	SERVING	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Fri - 10/25/2019			
K-8 LUNCH PREPACK HHF	Total	1	
HOLIDAY	SERVING	1	0.0
Weighted Daily Average			0.00
% of Calories			0.0%
Nutrient Guideline			

Mon - 10/28/2019			
K-8 LUNCH PREPACK HHF	Total	100	
ChickenPaty RichChic 54412	1 each	100	12.0
Potato Rounds Oven Ht USDA	1/2 cup	100	18.0
Bun Hamb 3.5 WG GS	1 each	100	22.0
LETTUCE, ROMAINE, RAW	1/2 cup	100	0.77
Pickles Dill, 2 slices	slices	100	0.17
BBQ SAUCE	1 each	100	4.0
PLUMS, FRESH	1 EACH	100	7.54
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			84.23
% of Calories			55.1%
Nutrient Guideline			

Tue - 10/29/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Pizza Chse 5" WG 5" IW WMikes	1 ea	100	34.0
Buttermilk Ranch Dressing OF	1 FL OZ	100	7.23
BROCCOLI, raw: fresh	1/8 CUP	100	0.76
Jicama (Yam Bean) Fresh	1/2 cup	100	6.69
FRUIT FRSH ASSRT #1	1 EACH	100	19.67
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			88.09
% of Calories			53.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 10/30/2019			
K-8 LUNCH PREPACK HHF	Total	100	
Pork Rib Hny BBQ Rib 3eaPierre	1 ea	100	7.0
BBQ Beans Veg USDA/SYSCO BBQ	1/2 cup	100	25.08
CARROTS,RAW	1/4 cup	100	4.21
BANANAS	1 EACH	100	23.07
Cornmeal Super Star	1 ea	100	21.0
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			100.11
% of Calories			64.3%
Nutrient Guideline			

Thu - 10/31/2019			
K-8 LUNCH PREPACK HHF	Total	100	
ENTREE #1	*	0	0.0
ChicNgt RichChic 5ea 54410	serving	100	12.0
Parmesan Quinoa	1/2 cup	100	17.91
KETCHUP	1 each	100	2.0
CARROTS,RAW	1/2 cup	100	8.42
CUCUMBER,RAW	1/4 cup	100	0.64
BLUEBERRIES,FRZ,UNSWTND	1/2 cup	100	9.43
Cookie Holiday Assorted	1 oz	100	19.8
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			89.95
% of Calories			53.8%
Nutrient Guideline			

Fri - 11/01/2019			
K-8 LUNCH PREPACK HHF	Total	100	
TURKEY BREAST SLCD J-O 2099	2 oz	100	1.92
CHEESE,CHEDDAR,AMERICAN	1/2 OZ	100	0.44
Roll, Hoagie 5" WG GS	1 each	100	28.0
LETTUCE, ROMAINE,RAW	1/2 cup	100	0.77
TOMATOES, CHERRY	1/2 CUP	100	2.9
Pickles Dill, 2 slices	slices	100	0.17
Frito-Lay Corn Chips	1 ea	100	12.0
Cranberries, Dried	1/4 cup	100	24.0
Milk, 1% Plain 8oz Producers	1 ea	25	16.0
Milk, FF Chocolate 8oz Produce	1 ea	75	21.0
Weighted Daily Average			89.95
% of Calories			57.4%
Nutrient Guideline			

Weighted Average			92.75
			58.2%

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Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	92.75	58.16%						

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