

GVSD Child Nutrition Services

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Jan 7, 2019 thru Jan 31, 2019

PRESCHOOL LUNCH, TFB

Generated on: 1/4/2019 7:02:01 PM

	Portion Size	Carb (g)
Mon - 01/07/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Grilled Chse WG RF IW 13400	1 ea	32.99
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
BROCCOLI,raw: fresh	1/4 CUP	1.51
BLUEBERRIES,FRZ,UNSWTND	1/4 cup	4.72
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		57.02
% of Calories		49.6%
Nutrient Guideline		

Tue - 01/08/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Pocket Pizza Pep Trky 5oz Tast	1 ea	40.0
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
LETTUCE, ROMAINE,RAW	1/2 cup	0.77
CUCUMBER,RAW	1/8 cup	0.32
APPLES,Fresh	1 EACH	19.06
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		77.96
% of Calories		59.4%
Nutrient Guideline		

Wed - 01/09/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Chick Tend 3 ea WG 70334	serving	16.0
Parmesan Quinoa	1/4 cup	8.95
CARROTS, CK FROM FRZN	1/4 cup	2.86
KETCHUP	1 each	2.0
Pears, Rosy	1/4 cup	8.66
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		54.47
% of Calories		42.1%
Nutrient Guideline		

Thu - 01/10/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Rotini Pasta WG FC no salt	1/2 cup	18.58
Spaghetti Sauce	1/2 cup	11.0
Cheese Ched/Mozz Grated	.5 oz	0.42
Roll Artisan 1oz WG GS	1 ea	15.0
KIWI FRUIT, FRSH,RAW	1/2 cup	12.5
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		73.49
% of Calories		61.4%
Nutrient Guideline		

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Page 2

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	Portion Size	Carb (g)
Fri - 01/11/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Tortilla Corn 1 med.	2 ea	23.3
Chicken Fajita Meat Tyson 3522	2.5 oz	1.67
Cheese Ched/Mozz Grated	.5 oz	0.42
Refried & Pinto Beans Cnd USDA	1/4 cup	10.6
LETTUCE,ICEBERG,FRESH	1/8 cup	0.21
OLIVES,RIPE,CANNED(SML-EX LRG)	2 EACH	0.4
MANDARIN ORANGE,RAW	1 ea	11.74
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		64.33
% of Calories		50.5%
Nutrient Guideline		

Mon - 01/14/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
CheeseBitesBulk11003WM	4 ea	28.0
MARINARA SAUCE	1/4 CUP	6.36
Buttermilk Ranch Dressing OF	.5 FL OZ	3.62
BROCCOLI,raw: fresh	1/4 CUP	1.51
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	9.03
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		64.52
% of Calories		48.7%
Nutrient Guideline		

Tue - 01/15/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
LASAGNA WITH GROUND BEEF	SERVINGS	28.34
CARROTS, CK FROM FRZN	1/4 cup	2.86
APPLES,Fresh	1 EACH	19.06
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		66.26
% of Calories		54.7%
Nutrient Guideline		

Wed - 01/16/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Fish, Rainbow Treasures 4ea WG	1 ea	18.0
Bean, White Summer Salad	1/4 cup	12.02
KETCHUP	1 each	2.0
KIWI FRUIT, FRSH,RAW	1/2 cup	12.5
Milk, 1% Plain 8oz Producers	1 ea	16.0

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Page 3

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PRESCHOOL LUNCH, TFB

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	Portion Size	Carb (g)
Weighted Daily Average		60.52
% of Calories		48.6%
Nutrient Guideline		

Thu - 01/17/2019		
PRESCHOOL LUNCH, TFB	Total	
Chicken Fajita Meat Tyson 3522	3.0 oz	2.0
TERIYAKI SAUCE	2 TBSP	9.58
RICE,BROWN,MEDIUM-GRAIN,CKD	1/4 cup	9.72
Broccoli Frz Chpd Unprep	1/4 cup	1.86
APRICOTS: canned,light syrup	1/4 CUP	10.43
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		49.59
% of Calories		50.0%
Nutrient Guideline		

Fri - 01/18/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Eggsstravaganza Bacon Chese Su	2.5 oz	1.25
French Toast Sticks WG /Jemima	2 ea	21.5
Potato Rounds Oven Ht USDA	1/4 cup	9.0
KETCHUP	1 each	2.0
ORANGES	1/2 EACH	5.64
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		55.39
% of Calories		41.8%
Nutrient Guideline		

Mon - 01/21/2019		
PRESCHOOL LUNCH, TFB	Total	
HOLIDAY	SERVING	0.0
Weighted Daily Average		0.00
% of Calories		0.0%
Nutrient Guideline		

Tue - 01/22/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Pizza Chs WM 90501	1 ea	34.0
LETTUCE, ROMAINE,RAW	3/4 cup	1.16
CUCUMBER,RAW	1/4 cup	0.64
APPLES,Fresh	1 EACH	19.06
Buttermilk Ranch Dressing PPI	1 each	1.0
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		71.86
% of Calories		44.8%
Nutrient Guideline		

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Page 4

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	Portion Size	Carb (g)
Wed - 01/23/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Chick Tend 3 ea WG 70334	serving	16.0
Sweet Potatoes w/bs	1/4 cup	15.81
KETCHUP	1 each	2.0
PEACHES: canned,light syrup	1/4 CUP	9.13
Roll Artisan 1oz WG GS	1 ea	15.0
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		73.94
% of Calories		51.0%
Nutrient Guideline		

Thu - 01/24/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Turkey & Gravy Jennie-O	5.23 oz	2.76
Potatoes, Mashed Excel	1/4 cup	7.3
Roll W/W 1oz IW Dobake	1 ea	15.0
MANDARIN ORANGE,RAW	1 ea	11.74
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		52.80
% of Calories		47.9%
Nutrient Guideline		

Fri - 01/25/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Egg Roll WG Chick/Veg Min69202	1 ea	30.0
Rice Brn w/ peas, carrots	1/2 cup	13.44
EGG, DICED SUNNYFRESH	.25 oz	0.14
Orange Sauce LoSo Nippon	2 TBSP	14.0
Pineapple Tidbits	1/4 cup	7.5
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		81.08
% of Calories		58.3%
Nutrient Guideline		

Mon - 01/28/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Burrito B/C LS 5.75oz IW AZ	1 each	45.0
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
BROCCOLI,raw: fresh	1/4 CUP	1.51
FRUIT COCKTAIL:canned,lt syrup	1/4 CUP	9.03
Milk, 1% Plain 8oz Producers	1 ea	16.0

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Page 5

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PRESCHOOL LUNCH, TFB

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	Portion Size	Carb (g)
Weighted Daily Average		73.35
% of Calories		51.5%
Nutrient Guideline		

Tue - 01/29/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Pocket Pizza Pep Trky 5oz Tast	1 ea	40.0
LETTUCE, ROMAINE,RAW	1/2 cup	0.77
CUCUMBER,RAW	1/8 cup	0.32
APPLES,Fresh	1 EACH	19.06
Buttermilk Ranch Dressing OF	.25 FL OZ	1.81
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		77.96
% of Calories		59.4%
Nutrient Guideline		

Wed - 01/30/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
LASAGNA WITH GROUND BEEF	SERVINGS	28.34
CARROTS, CK FROM FRZN	1/4 cup	2.86
Roll Artisan 1oz WG GS	1 ea	15.0
PEACHES: canned,light syrup	1/4 CUP	9.13
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		71.33
% of Calories		54.2%
Nutrient Guideline		

Thu - 01/31/2019		
PRESCHOOL LUNCH, TFB	Total	
ENTREE #1	*	0.0
Pork Rib Hny BBQ Rib 3eaPierre	4/3 ea	9.33
POTATOES WEDGES USDA 100355	1/4 cup	9.69
Apples, Hot w/Cobbler Topping	1/4 cup	5.69
Roll Aloha 1oz	1 ea	15.0
Milk, 1% Plain 8oz Producers	1 ea	16.0
Weighted Daily Average		55.71
% of Calories		47.2%
Nutrient Guideline		

Weighted Average		65.64
		51.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	65.64	51.14%						

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